



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

Core Theme 1 – Created and Loved by God (this explores the individual) The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

EYFS/KS1		Come and See	A Journey in Love	Jigsaw	Science	Early Learning Goal	Computing
	1.1.1.1. Respectful of their own bodies and character		To recognise we are all different and unique Rec p.11 I am cared for and kept safe in my family. Y1 p18	Self-identity BMIMW Rec Understanding feelings BMIMW Rec Respecting my body CD Rec Recognising feelings BMIMW Y2	Animals inc. Humans Y2 Sc2/2.3c	Self-regulation Managing self	Staying safe online Rec My online life Y1 Y2
	1.1.1.2. Appreciative for blessings	<i>Throughout Come and See</i>	<i>Through all units in A Journey in Love</i>	Through all units in Jigsaw		Self-regulation	
	1.1.1.3. Grateful to others and to God	Families Y1 Beginnings Y2 (Domestic Church)	To celebrate the joy of being a special person in God's family Rec 12 To celebrate that God loves and cares for us Y1 p.20 To celebrate ways of meeting God in our communities				



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

			Y2 p27				
	1.1.1.4. Patient when they do not always get what they want	Change Y1 Opportunities Y2	To recognise the signs that I am loved by my family Y1 p16	Perseverance D&G Rec Identifying and overcoming obstacles D&G Y1 Perseverance D&G Y2		Self-regulation Managing self	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

1.1.2.1. We are made by God and are special	Myself – EYFS Beginnings Y2 (Domestic Church) Belonging Y1 Signs and Symbols Y2 (Baptism)	God loves each of us in our uniqueness Rec p.8-13 To recognise how I am cared for and kept safe in my family Y1 p.18	Being Special CD Rec Feeling special and safe BMIMW Y1			
1.1.2.2. We are all God's children	Myself – EYFS (Domestic Church)	God loves each of us in our uniqueness Rec p.8-13 To recognise how I am cared for and kept safe in my family Y1 p.18				
1.1.2.3. Ways of expressing gratitude to God	Celebrating EYFS	To celebrate the joy of being a special person in God's family Rec 12 To celebrate that God loves and cares for us Y1 p.20 To celebrate ways of meeting God in our communities Y2 p.27				



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.1.2.4. About the sacrament of Baptism	Welcome EYFS Belonging Y1 Signs and Symbols Y2 (Baptism)	To celebrate the joy of being a special person in God's family Rec p.12				
--	---	---	---	--	--	--	--



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

Me						
1.1.3.1. We are all unique individuals	Myself – EYFS	To recognise we are all different and unique Rec p.11 I am cared for and kept safe in my family. Y1 p18	Self-identity BMIMW Rec Being Special CD Rec Celebrating the differences in everyone CD Y1		Self-regulation	
1.1.3.2. We all have individual gifts, talents, and abilities	Myself – EYFS	To recognise we are all different and unique Rec p.11 I am cared for and kept safe in my family. Y1 p18	Identifying talents CD Rec Feelings of success D&G Y1 Contributing to and sharing success D&G Y2		Self-regulation	
My body						
1.1.3.3. The names of the external parts of the body		I am cared for and kept safe in my family. Y1 p18		Animals inc. Humans Y1 Sc1/2.2d		
1.1.3.4. The similarities and differences between girls and boys		To recognise we are all different and unique Rec p.11 I am cared for and kept safe in my family. Y1 p18		Animals inc. Humans Y1 Sc1/2.2d		
My Health						
1.1.3.5. How to maintain personal hygiene		I am cared for and kept safe in my family. Y1 p.18-19	Keeping clean HM Rec Y1	Animals including humans Y2 Sc2/2.3b Y2 Sc2/2.3c	Managing self	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.1.3.6. What constitutes a healthy lifestyle, including physical activity, dental health, and healthy eating		I am cared for and kept safe in my family. Y1 p.18-19	Physical activity, Healthy food, Sleep HM Rec Healthier lifestyle choices HM Y1 Healthier choices, Healthy eating and nutrition, Healthier snacks and sharing food HM Y2	Animals including humans Y2 Sc2/2.3b Y2 Sc2/2.3c	Managing self Self-regulation	
--	---	--	--	---	---	--------------------------------------	--





St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.1.5.1. That there are life stages from birth to death	Waiting Y1 (Advent) Growing (Lent) EYFS Change (Lent) Y1	God loves each of us in our uniqueness Rec p.14 We meet God's love in our family Y1 p.15		Animals inc. Humans Y2 Sc2/2.3b Y2 Sc2/2.3c	Physical development Understanding the world	
--	---	---	--	--	--	---	--



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

Core Theme 2 – Created to love others (this explores an individual's relationships with others) God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

EYFS/KS1		Come and See	A Journey in Love	Jigsaw	Science	Early Learning Goal	Computing
	1.2.1.1. Friendly, able to make and keep friends	Friends EYFS	To recognise that we are all different and unique Rec p.11 To describe ways of being safe in communities Y2 p26	Making friends CD Rec Making new friends CD Y1 Making new friends, celebrating differences and remaining friends CD Y2 Friendships R Rec Being a good friend R Rec Making friends/being a good friend R Y1 Qualities as a friend and person R Y1 Friendship and conflict R Y2		Self-regulation Managing self Understanding the world	My online life Y1 Y2



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

1.2.1.2. Caring, attentive to the needs of others and generous in their responses		To recognise that we are all different and unique Rec p.11 We meet God's love in our family Y1 p15-21 We meet God's love in our community Y2 p22-28	Being gentle BMIMW Rec Being part of a class BMIMW Y1 Recognising feelings BMIMW Y2 Trust and appreciation R Y2		Self-regulation Managing Self Building relationships Understanding the world	
1.2.1.3. Respectful of others, their uniqueness, their wants, and their needs	Holidays and Holydays Y1 Spread the Word Y2	To recognise that we are all different and unique Rec p.11 We meet God's love in our community Y2 p22-28	Working well with others D&G Y1 Group Co-operation D&G Y2		Self-regulation Managing Self Building relationships Understanding the world	My online life Y1 Y2
1.2.1.4. Forgiving, able to say sorry and not hold grudges against those who have hurt them	Friends EYFS Being Sorry Y1 Rules Y2	We meet God's love in our family Y1 p16	Breaking friendships R Rec Self acknowledgement R Y1 Friendship and conflict R Y2		Self-regulation Managing Self Building relationships Understanding the world	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.2.1.5. Courteous, learning to say, "please" and "thank you"	Friends EYFS	We meet God's love in our family Y1 p16			Self-regulation Managing Self Building relationships	
	1.2.1.6. Honest, able to tell the difference between truth and lies	Being Sorry Y1 Rules Y2	We meet God's love in our family Y1 p16	Trust and appreciation R Y2		Self-regulation Managing Self Building relationships	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

1.2.2.1. We are part of God's family	Myself EYFS Belonging Y1	Wonder at God's Love Nursery p.10 God loves each of us in our uniqueness Rec p.14 We meet God's love in our family Y1 p.18			Understanding the world	
1.2.2.2. All families are important	Myself EYFS Special People Y1 Neighbours Y1 Families Y1	God loves each of us in our uniqueness Rec p.11 We meet God's love in the community Y2 p.19	Families CD Rec Family life R Rec Belonging to a family R Y1 Different types of families R Y2		Building relationships Understanding the world	
1.2.2.3. That saying sorry is important and can help mend broken friendships	Friends EYFS Being Sorry Y1 Rules Y2	We meet God's love in our family Y1 p.16	Friendship and conflict R Y2		Self-regulation Managing Self Building relationships	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.2.2.4. Jesus cared for others	Friends EYFS <i>Throughout</i> <i>Come and See</i>					
--	---------------------------------	---	--	--	--	--	--



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.2.2.5. That we should love other people in the same way Jesus loves us	Friends EYFS Change Y1		Being gentle BMIMW Rec			
	1.2.3.1. The characteristics of positive and negative relationships		I am cared for and kept safe in my family. Y1 p19	Standing up for yourself CD Rec Understanding bullying and knowing how to deal with it CD Y1 Standing up for self and others CD Y2		Self-regulation Building relationships	Staying safe online Rec My Online life Y1 Y2
	1.2.3.2. To identify special people (e.g. family, carers, friends) and what makes them special	Special People Y1	I am cared for and kept safe in my family. Y1 p19	Being in a classroom BMIMW Rec Feeling special and Safe BMIMW Y1 Valuing contributions BMIMW Y2 People who help us R Y1 Expressing appreciation for special relationships R Y2		Building relationships Understanding the world	
	1.2.3.3. There are different family structures, and these should be respected	Families Y1	We meet God's love in our family Y1 p15-21	Families CD Rec Family life R Rec Belonging to a family R Y1			



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

				Different types of families R Y 21			
1.2.3.4. Families should be a place of love, security, and stability.	Families Y1	I am cared for and kept safe in my family. Y1 p19	Families CD Rec Family life R Rec Belonging to a family R Y1 Different types of families R Y 21		Building relationships Understanding the world		
1.2.3.5. The importance of spending time with your family	Families Y1	I am cared for and kept safe in my family. Y1 p19	Families CD Rec Family life R Rec Belonging to a family R Y1		Building relationships Understanding the world		
1.2.3.6. How their behaviour affects other people and that there are appropriate and inappropriate behaviours	Being Sorry Y1	We meet God's love in our family Y1 p16 To describe ways of being safe in communities Y2 p26	Rights and responsibilities BMIMW Rec Y1 Y2 Consequences BMIMW Y1 Rewards and consequences BMIMW Y2		Self-regulation Managing self Building relationships	Staying safe online Rec My Online life Y1 Y2	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.2.3.7. To recognise when people are being unkind to them and how to respond		We meet God's love in our family Y1 p16	Standing up for yourself CD Rec Understanding Feelings BMIMW Rec Standing up for yourself and others CD Y2 Breaking friendships R Rec Falling out R Rec Friendship and conflict R Y2		Managing self Self-regulation Building relationships	Staying safe online Rec My Online life Y1 Y2
	1.2.3.8. Different types of teasing and bullying which are wrong and Unacceptable		We meet God's love in our family Y1 p16	Understanding bullying and knowing how to deal with it CD Y1 Assumptions and stereotypes about gender CD Y2 Understanding bullying CD Y2		Managing self Self-regulation Building relationships	Staying safe online Rec My Online life Y1 Y2
Keeping safe							
	1.2.4.1. To recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online	Rules Y2	I am cared for and kept safe in my family. Y1 p19 To describe ways of being safe in communities Y2 p26	Feeling safe BMIMW Y1 Safe and fair learning environment BMIMW Y2 Safety HM Rec Being safe HM Y1		Understanding the world Self-regulation	Staying safe online Rec My Online life Y1 Y2



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

1.2.4.2. To use simple rules for resisting pressure when they feel unsafe or uncomfortable	Rules Y2	I am cared for and kept safe in my family. Y1 p19 To describe ways of being safe in communities Y2 p26	Safety HM Rec Medicine Safety/safety with household items HM Y1 Road safety HM Y1 Safe and fair learning environments BMIMW Y2		Understanding the world Self-regulation	Staying safe online Rec My Online life Y1 Y2
1.2.4.3. The difference between good and bad secrets					Understanding the world Self-regulation Managing self	
1.2.4.4. Identifying and correctly name their "private parts" (see NSPCC resource PANTS) for the purposes of safeguarding them from sexual exploitation		I am cared for and kept safe in my family. Y1 p19		Animals inc. Humans Y1 Sc1/2.2d	Understanding the world Managing self	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

1.2.4.5. Importance of seeking and giving permission in relationships.		I am cared for and kept safe in my family Y1 p 19	Physical contact preferences R Y1 Physical contact boundaries R Y2		Self-regulation Managing self	
People who can help me						
1.2.4.6. Who to go to if they are worried or need help	Special People Y1	I am cared for and kept safe in my family. Y1 p19 To describe ways of being safe in communities Y2 p26	Rights and responsibilities BMIMW Rec Y1 Y2		Managing self Building relationships Understanding the world	Staying safe online Rec My Online life Y1 Y2
1.2.4.7. That there are a number of different people and organisations they can go to for help in different situations		To describe ways of being safe in communities Y2 p26	People who help us R Y1		Building relationships Understanding the world	Staying safe online Rec My Online life Y1 Y2



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

Core Theme 3 – Created to live in community – local, national & global (this explores the individual's relationships with the wider world) Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

EYFS/KS1		Come and See	A Journey in Love	Jigsaw	Science	Early Learning Goal	Computing
	1.3.1.1. Just and fair in their treatment of other people, locally, nationally and globally	Our World EYFS Special People Y1 Neighbours Y1 Treasures Y2	To describe how we are growing and developing in the community Y2 p23	Being gentle BMIMW Rec Rights and responsibilities BMIMW Rec Y1 Y2		Understanding the world	We are kind and thoughtful Y1 Au2 We are not online bullies Y2 Au2



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.3.1.2. People who serve others, locally, nationally, and globally	Special People Y1 Neighbours Y1	To describe how we are growing and developing in the community Y2 p23	Rights and responsibilities BMIMW Rec Y1 Y2 People who help us R Y1 Expressing appreciation for special relationships R Y2		Understanding the world	
	1.3.1.3. Active in their commitment to bring about change	Our World EYFS Treasures Y2	We meet God's love in the community Y2 p 22-28	Rights and responsibilities BMIMW Rec Y1 Y2		Managing self Understanding the world	
	1.3.2.1. That God is Father, Son and Holy Spirit	Throughout Come and See	Throughout all units in A Journey in Love				
	1.3.2.2. Some scripture illustrating the importance of living in community	Throughout Come and See	We meet God's love in our family Y1 p.15-21 We meet God's love in the community Y2 p.22-28				



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

	1.3.2.3. Jesus' teaching on who is my neighbour	Neighbours Y1	We meet God's love in the community Y2 p.22				
	1.3.3.1. That they belong to various communities such as home, school, parish, the wider local community, and the global community	Welcome EYFS Gathering EYFS Our World EYFS Families Y1 Belonging Y1 Neighbours Y1	We meet God's love in the community Y2 p.22	Being in a classroom BMIMW Rec Being part of a class BMIMW Y1		Understanding the world	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

1.3.3.2. That their behaviour has an impact on the communities to which they belong	Throughout Come and See	To describe the ways of being safe in communities Y2 p25	Breaking friendships R Rec Falling out R Rec Being part of a class BMIMW Y1 Safe and fair learning environment BMIMW Y2 Friendship and conflict R Y2		Self-regulation Building relationships Understanding the world	My Online life Y1 Y2
1.3.3.3. That people and other living things have needs and that they have responsibilities to meet them;	Our World EYFS Neighbours Y1 Treasures Y2	To describe the ways of being safe in communities Y2 p25	Understanding feelings BMIMW Rec Being gentle BMIMW Rec Rights and responsibilities BMIMW Y1 Y2		Building relationships Understanding the world	
1.3.3.4. About what harms and improves the world in which they live	Our World EYFS Neighbours Y1 Treasures Y2	We meet God's love in the community Y2 p.22-28	Rights and responsibilities BMIMW Rec Y1 Y2		Understanding the world	
1.3.3.5. How diseases are spread and can be controlled and the responsibilities they have for their own health and that of others e.g. washing hands		To recognise how I am cared for and kept safe in my family Y1 p.19 To describe the ways of being safe in communities Y2 p24	Keeping clean HM Rec Safety HM Rec Keeping myself healthy HM Y1 Keeping clean HM Y1		Understanding the world	



St Monica's Catholic Primary School

Catholic Primary RSHE Curriculum Map

Theme 1: Created and loved by God

Education in virtue - 1.1.1.1, 1.1.1.2, 1.1.1.3 and 1.1.1.4.

Religious understanding of the human person: loving myself – 1.1.2.1, 1.1.2.2, 1.1.2.3 and 1.1.2.4.

Me, my body and my health – 1.1.3.1, 1.1.3.2, 1.1.3.3, 1.1.3.4, 1.1.3.5 and 1.1.3.6.

Emotional well-being and attitudes – 1.1.4.1, 1.1.4.2, 1.1.4.3, 1.1.4.4 and 1.1.4.5.

Life cycles and fertility – 1.1.5.1.

Theme 2: Created to love others

Education in virtue – 1.2.1.1, 1.2.1.2, 1.2.1.3, 1.2.1.4, 1.2.1.5 and 1.2.1.6.

Religious understanding of human relationships: loving others – 1.2.2.1, 1.2.2.2, 1.2.2.3, 1.2.2.4 and 1.2.2.5.

Personal relationships – 1.2.3.1, 1.2.3.2, 1.2.3.3, 1.2.3.4, 1.2.3.5, 1.2.3.6, 1.2.3.7 and 1.2.3.8.

Keeping safe and people who can help me – 1.2.4.1, 1.2.4.2, 1.2.4.3, 1.2.4.4, 1.2.4.5, 1.2.4.6 and 1.2.4.7.

Theme 3: Created to live in community (local, national and global)

Education in virtue – 1.3.1.1, 1.3.1.2 and 1.3.1.3.

Religious understanding of the importance of human communities – 1.3.2.1, 1.3.2.2 and 1.3.2.3.

Living in the wider world – 1.3.3.1, 1.3.3.2, 1.3.3.3, 1.3.3.4 and 1.3.3.5.