

#### KS2 Catholic Primary RSHE Curriculum Map

Core Theme 1 – Created and Loved by God (this explores the individual) The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

S2	Come and See	A Journey in Love	Jigsaw	Science	Physical Education	Computing
2.1.1.1. Respectful of their own bodies, character, and giftedness		God loves us in our differences Y4 p.39-45 God loves me in my changing and development Y5 p.46-55 The wonder of God's love in creating new life Y6 p.56-58	Self identity and worth <b>BMIMW Y3</b> Accepting self and others <b>CD Y4</b> Self and body image <b>CM Y5</b> Self image, body image <b>CM Y6</b>		Dance <b>Y3 Y4 Y5</b> <b>Y6</b>	My Online life Y3 Y4 Y5 Y6
2.1.1.2. Appreciative for blessings	Homes Y3 Ourselves Y5 Loving Y6	Across all units in A Journey in Love	Throughout the jigsaw units Y3 Y4 Y5 Y6			
2.1.1.3. Grateful to others and to God	Homes Y3 Called Y4 Ourselves Y5 Loving Y6	The Spiritual strand in all units of A Journey in love.	Giving and receiving compliment CD Y3			
2.1.1.4. Self-disciplined and able to delay or forego gratification for the sake of greater goods	Sacrifice <b>Y5</b> Death and New Life <b>Y6</b>		Responsible choices <b>BMIMW Y3</b> Being a citizen <b>BMIMW Y5</b>		Team games <b>Y3</b> <b>Y4 Y5 Y6</b>	



2.1.1.5. Discerning in their decision making	Choices Y3	Across all units in A Journey in Love	Responsible choices BMIMW Y3 Group Decision-making BMIMW Y4 Choices, consequences and rewards BMIMW		My Online life Y3, Y4, Y5. Online safety Dilemma Y6
			rewards <b>BMIMW</b> <b>Y6</b>		



2.1.1.6. Determined and resilient in the face of difficulty	Giving All <b>Y3</b>		Positivity in Challenges BMIMW Y3 Difficult challenges and achieving success D&G Y3 Overcoming disappointment D&G Y4 Resilience D&G Y4 Motivation D&G Y5 Y6	Invasion games, Strike field games Y3 Y4 Y5 Y6	Online Safety Dilemmas <b>Y6</b>
2.1.1.7. Courageous in the face of new situations and in facing their fears	Giving All <b>Y3</b>		Recognising and overcoming obstacles <b>D&amp;G Y3</b> Resilience <b>D&amp;G Y4</b> Motivation and behaviour <b>HM Y5</b>	Dance and gymnastics <b>Y3 Y4</b> <b>Y5 Y6</b>	My online life <b>Y3 Y4 Y5</b> Online Safety Dilemmas <b>Y6</b>
2.1.2.1. We are special people made in the image and likeness of God	Homes Y3 People Y4 Called Y4 Ourselves Y5	God loves us in all our differences Y4 p. 39-45 God loves me in my changing and development Y5 p.46-55	Self identity and worth BMIMW Y3 Accepting self and others CD Y4 Being a citizen BMIMW Y5 Global Citizenship BMIMW Y6		



2.1.2.2. We are children of God with an innate dignity	Homes <b>Y3</b> Promises <b>Y3</b>	God loves us in all our differences Y4 p. 39-45 God loves me in my changing and development Y5 p.46-55	Respect for myself and others HM Y3 Celebrating inner strength HM Y4 Enjoying and respecting others CD Y5 Feeling welcomed and valued BMIMW Y6		
2.1.2.3. God has created us for a purpose (vocation)	God's People Y4 Life Choices Y5 Vocation and Commitment Y6	Across all units in A Journey in Love	Being a citizen BMIMW Y5 Global Citizenship BMIMW Y6		
2.1.2.4. Life is precious and their body is God's gift to them	Homes <b>Y3</b> People <b>Y4</b>	Across all units in A Journey in Love			
2.1.2.5. Prayer and worship are ways of nourishing their relationship with God		Across all units in A Journey in Love			



2.1.2.6. Sacraments often coincide with different natural stages in life, for example Baptism often occurs near birth for Catholics	Promises Y3 Called Y4 Death and New Life Y6	To celebrate the joy and happiness of living in friendship with God and others Y3 p.34-38 The wonder of God's love in creating new life Y6 p.56-68				
Me						
2.1.3.1. Everyone expresses their uniqueness in different ways and that being different is not always easy	Homes Y3 People Y4 Ourselves Y5	How we live in love Y3 p.29-38 God loves us in all our differences Y4 p. 39-45 God loves me in my changing and development Y5 p.46-55	Self identity and worth BMIMW Y3 Accepting self and others CD Y4 Enjoying and respecting others CD Y5 Perceptions of normality CD Y6			
2.1.3.2. Strategies to develop self- confidence and self- esteem		To show knowledge and understanding of emotional relationship changes Y5 p. 46-49	Throughout all jigsaw units.		Fundamentals through Fitness Y3 Y4 Y5 Y6 Health, fitness and lifestyle activities Y3 Y4 Y5 Y6	



2.1.3.3. Each person has a purpose in the world	God's People Y4 Life Choices Y5 Mission Y5 Vocation and Commitment Y6	innate beauty of each of us. Y4 p.44-45	ambitions <b>D&amp;G</b>		
2.1.3.4. That similarities and differences between people arise from several different factors (See protected characteristics of the Equality Act 2010, Part 2, Chapter 1, sections 4-12)		God loves us in all our differences Y4 p. 39-45	Seeing things from others' perspectives BMIMW Y3 Accepting self and others CD Y4 Enjoying and respecting others CD Y5 Inclusion CD Y6		



My body					
2.1.3.5. Their body will change and develop as they grow	God loves me in my changing and development Y5 p.46-55 Explain how human life is conceived Y6 p.59-62		Animals Inc. Humans Y3 Sc3/2.2 Animals Inc. humans Y6 SC6/2.2b	Health, fitness and lifestyle activities Y3 Y4 Y5 Y6	
2.1.3.6. About the growth and development of humans and the changes experienced during puberty	God loves me in my changing and development Y5 p.46-55				
2.1.3.7. The names of the main parts of the body, including identifying and correctly naming genitalia (e.g., penis and vagina)	God loves me in my changing and development Y5 p.46-55 The wonder of God's love in creating new life Y6 p.56-68				
My Health					
2.1.3.8. How to make informed choices that have an impact on their health	God loves me in my changing and development Y5 p.46-55	Respect for myself and others HM Y3 Smoking, Alcohol HM Y4 Smoking, alcohol, realtionship with food, healthy choices HM Y5 How substances affect the body, taking personal		Health, fitness and lifestyle activities Y3 Y4 Y5 Y6	



		responsibility <b>HM</b> <b>Y6</b>		
Emotional well-being				
2.1.4.1. Their emotions may change as they approach and as they grow and move through puberty	in my changing and development	Mental health R Y6 identifying mental health worries and sources of support R Y6		



2.1.4.2. To extend their vocabulary to deepen their understanding of the range and intensity of their feelings	Across units in Journey Love	A units in Jigsaw		
2.1.4.3. What positively and negatively affects their physical, mental, and emotional health (including the media)	how bein the imag likeness	challenges BMIMW Y3 Difficult challenges and achieving success D&G Y3 Having a Voice BMIMW Y4 Resilience D&G Y4 Healthy choices HM Y5 Managing stress HM Y6 Emotional and	Animals including Humans Y3 Sc3/2.2	
2.1.4.4. To recognise how images in the media do not always reflect reality and can affect how	the phys	ge and anding of iical		False Photography <b>Y5</b>
people feel about themselves		in puberty		



	Y5 p.50-52				
Acres 1					
Attitudes					
2.1.4.5. That some behaviour is unacceptable, unhealthy, or risky	How we live in love Y3 p.32-33 To describe how we should treat others Y4 p.42-43 The wonder of God's love in creating new life Y6 p.56-68	HM Y3	The Human Body – Keeping Healthy: Dangers of drugs, smoking and alcohol – Yr 6	Invasion games Y3 Y4 Y5 Y6	My Online life Y3 Y4 Y5 Online Safety Dilemmas Y6



2.1.4.6. Strategies to build resilience to identify and resist unacceptable pressure from a variety of sources		To describe and give reasons how friendships make us feel happy and safe Y3 p.30 To describe how we should treat others Y4 p.42-43 God loves me in my changing and development Y5 p.46-55	Assertiveness, peer pressure HM Y4 Taking personal responsibility HM Y6		Invasion Games Y3 Y4 Y5 Y6 Target Skills Y3 Y4 Y5 Y6 Strike/Field games Y3 Y4 Y5 Y6	Online Safety Dilemmas <b>Y6</b>
Life cycles						
2.1.5.1. How a baby grows and develops in its mother's womb	Visitors <b>Y3</b>	The wonder of God's love in creating new life Y6 p.56-68				
2.1.5.2. To recognise the differences that occur at each stage of a human being's development (including childhood, adolescence, adulthood, older age)		God loves me in my changing and development Y5 p.46-55 The wonder of God's love in creating new life Y6 p.56-68		Animals including humans Sc5/2.2a		
Fertility						
2.1.5.3. The nature and role of menstruation in the fertility cycle		God loves me in my changing and development Y5 p.46-55 The wonder of God's love in				



	creating new life <b>Y6 p.56-68</b>		



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life <b>Y6 p.56-68</b>
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Core Theme 2 – Created to love others (this explores an individual's relationships with others) God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

KS2	Come and See	A Journey in Love	Jigsaw	Science	Physical Education	Computing
2.2.1.1. Loyal, able to develop and sustain friendships	Choices Y3 Building Bridges Y4 Unity Y6	How we live in love Y3 p.29-38 To show knowledge and understanding of emotional relationship changes Y5 p.46-49	Seeing things from others perspective BMIMW Y3 Accepting self and others CD Y4 How behaviour affects groups BMIMW Y5 Inclusion, feeling welcome and valued BMIMW Y6 Friendship and negotiation R Y3 Getting on and falling out R Y4			



2.2.1.2. Compassionate, able to empathise with the suffering of others and the generosity to help others in trouble	New Life <b>Y4</b>	How we live in love Y3 p.29-38 To describe how we should treat others Y4 p.42-43	Recognising how words can be hurtful CD Y3 Identifying how special and unique everyone is CD Y4 Enjoying and respecting others CD Y5 Empathy CD Y6 Being aware of how my choices affect others R Y3	Team building games <b>Y3 Y4 Y5</b> <b>Y6</b>	
2.2.1.3. Respectful, able to identify other people's personal space and respect the ways in which they are different		To describe how we should treat others Y4 p.42-43 To show knowledge and understanding of the physical	myself and others HM Y3 Accepting self and others CD Y4 Enjoying and respecting other cultures CD Y5		



2.2.1.4. Forgiving, developing the skills to allow reconciliation in relationships	Choices Y3 Building Bridges Y4 Freedom and Responsibility Y5 Healing Y6	How we live in love Y3 p.29-38	Empathy CD Y6	Through all aspects of the PE curriculum.	
2.2.1.5. Courteous in their dealings with friends and strangers	Homes Y3 Visitors Y3 Unity Y6	How we live in love Y3 p.29-38 To describe how we should treat others Y4 p.42-43	Giving and receiving compliments CD Y3 First impressions CD Y4 Inclusion CD Y6	Through all aspects of the PE curriculum.	My Online life <b>Y3 Y4 Y5</b> Online Safety Dilemmas <b>Y6</b>
2.2.1.6. Honest, committed to living truthfully and with integrity	Choices Y3 Building Bridges Y4 Stewardship Y5 Common good Y6	How we live in love Y3 p.29-38	Throughout the jigsaw units	Through all aspects of the PE curriculum.	
2.2.2.1. Christians belong to the Church family which includes the school, parish, and diocese		Through all units in A Journey in Love			
2.2.2.2. Families are the building blocks of society and where faith, wisdom and virtues are passed onto the next generation	Homes Y3	To develop a secure understanding of stable and caring relationships Y6 p.56-58	Family roles and responsibilities <b>R Y3</b>		
2.2.2.3. The importance of forgiveness and reconciliation in relationships and some of Jesus' teaching on forgiveness		God loves us in all our differences Y4 p.30			



2.2.2.4. The sacrament of marriage involves commitment and self-giving. It is a formal, lifelong commitment	Life Choices Y5	The wonder of God's love in creating new life Y6 p.56-68		



2.2.3.1. How to maintain positive relationships and strategies to use when relationships go wrong	Choices Y3	How we live in love Y3 p.29-38 To describe how we should treat others Y4 p.42-43 The wonder of God's love in creating new life Y6 p.56-68	Throughout the Jigsaw units.		Online Communication Y3 The Online Community Y4
2.2.3.2. There are different types of relationships including those between acquaintances, friends, relatives, and family	People Y4	How we live in love Y3 p.29-38 God loves me in my changing and development Y5 p.46-55 The wonder of God's love in creating new life Y6 p.56-68	All Year Groups in CD unit of Jigsaw.		
2.2.3.3. Marriage represents a formal and legally recognised commitment	Life Choices Y5	The wonder of God's love in creating new life Y6 p.56-68			
2.2.3.4. For the Church, marriage has a special significance as one of the sacraments	Life Choices Y5	The wonder of God's love in creating new life Y6 p.56-68			
2.2.3.5. The characteristics of a healthy family life.	Homes Y3 People Y4 Freedom and Responsibility Y5 Loving Y6	The wonder of God's love in creating new life Y6 p.56-68	Families and their difference <b>CD Y3</b>		



2.2.3.6. How to make informed choices in relationships and that choices have positive, neutral, and negative consequences	To describe how we should treat others Y4 p.42-43 To show knowledge and understanding of emotional relationship changes Y5 p.46-49 The wonder of God's love in creating new life Y6 p.56-68	Responsible choices BMIMW Y3 Group decision making BMIMW Y4 Rights and responsibilities BMIMW Y5 Choices and consequences BMIMW Y6		
2.2.3.7. An awareness of bullying (including cyberbullying) and how to respond	To describe and give reasons how friendships make us feel happy and safe Y3 p.29-30 To describe how we should treat others Y4 p.42-43	Recognising how words can be hurtful CD Y3 Witnessing bullying and how to stop it CD Y3 Understanding bullying CD Y4 Racism, rumours and name-calling CD Y5 Understanding bullying CD Y6		My Online life <b>Y3 Y4 Y5</b> Online Safety Dilemmas <b>Y6</b>
2.2.3.8. About harassment and exploitation in relationships, including physical, emotional, and sexual abuse and how to respond	Across all units in A Journey in Love	Peer pressure HM Y4 Exploitation, including 'county lines' and gang culture HM Y6		Online Safety Dilemmas <b>Y6</b>



2.2.3.9. To recognise and manage risk, to develop resilience and learn how to cope with "dares" and other ways in which people can be pressurised  Keeping safe	we should treat others <b>Y4 p.42- 43</b>	Peer pressure HM Y4 Exploitation, including 'county lines' and gang culture HM Y6		
2.2.4.1. To recognise their increasing independence brings increased responsibility to keep themselves and others safe	To describe how we all should be accepted and respected Y4 p.39-41	Responsible choices <b>BMIMW Y3</b> Motivation and behaviour <b>HM Y5</b>		My Online life <b>Y3 Y4 Y5</b> Online Safety Dilemmas <b>Y6</b>



2.2.4.2. How to use technology safely	Across all units in A Journey in Love	Keeping safe online and who to go to for help R Y3 Safer online communities R Y5 Rights and responsibilities online R Y5 Online gaming and gambling R Y5 Reducing screen time R Y5 Dangers of online grooming R Y5 SMARRT internet safety rule R Y5 Technology Safety R Y6 Take responsibility with technology use R Y6	My Online life Y3 Y4 Y5  Online Safety Dilemmas Y6
2.2.4.3. That not all images, language and behaviour are appropriate		Rules, rights and responsibilities  BMIMW Y3 Peer pressure HM Y4 Rights and responsibilities BMIMW Y5 Role modelling BMIMW Y6	My Online life <b>Y3 Y4 Y5</b> Online Safety Dilemmas <b>Y6</b>



2.2.4.4. To judge what kind of physical contact is acceptable or unacceptable and how to respond	Across all units in A Journey in Love	Respect and consent <b>CM Y6</b>	My Online life <b>Y3 Y4 Y5</b> Online Safety Dilemmas <b>Y6</b>
2.2.4.5. Importance of seeking and giving permission in relationships	To describe how we should treat others Y4 p.42-43 God loves me in my changing and development Y5 p.46-55	Jealousy <b>R Y4</b> Girlfriends and boyfriends <b>R Y4</b>	
People who can help me			
2.2.4.6. That there are a number of different people and organisations they can go to for help in different situations and how to contact them	To describe and give reasons how friendships make us feel happy and safe Y3 p.29-30 God loves me in my changing and development Y5 p.46-55	Keeping safe online and who to go to for help <b>R Y3</b> Identifying mental health worries and sources of support <b>R Y6</b>	
2.2.4.7. How to report and get help if they encounter inappropriate materials or messages	To describe and give reasons how friendships make us feel happy and safe Y3 p.29-30	Keeping safe online and who to go to for help <b>R Y3</b>	
2.2.4.8. To keep asking for help until they are heard		Having a voice <b>CD</b> <b>Y4 Y5 Y6</b>	



#### KS2 Catholic Primary RSHE Curriculum Map

#### Core Theme 3 – Created to live in community – local, national & global

(this explores the individual's relationships with the wider world) Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

S2	Come and See	A Journey in Love	Jigsaw	Science	Physical Education	Computing
2.3.1.1. Just, understanding the impact of their actions locally, nationally, and globally	Stewardship Y5 Common Good Y6 Other faiths weeks		Responsible choices BMIMW Y3 Being a school citizen BMIMW Y4 Being a citizen BMIMW Y5 Global Citizenship BMIMW Y6 Being a global citizen R Y3			My Online life <b>Y3</b> <b>Y4 Y5</b>
2.3.1.2. Self-giving, able to put aside their own wants to serve others locally, nationally, and globally	Self-Discipline Y4		Rights and responsibilities BMIMW Y3 Y4 Y5 Y6			
2.3.1.3. Prophetic in their ability to identify injustice and speak out against it locally, nationally, and globally	Special Places Y3 God's People Y4 Stewardship Y5 Common good Y6					
2.3.2.1. God is Trinity – a communion of persons	All units within Come and See	All units within A Journey in Love				
2.3.2.2. The key principles of Catholic Social Teaching	All units within Come and See	All units within A Journey in Love				



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2.3.2.3. The Church is the Body of Christ	Common Good <b>Y6</b> Mission <b>Y5</b> Unity <b>Y6</b>	All units within A Journey in Love		
2.3.3.1. That there are some cultural practices which are against British law and universal rights (e.g., honourbased violence and forced marriage, human trafficking etc.)				
2.3.3.2. That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers				
2.3.3.3. That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread			Animals including Humans Y3 Sc3/2.2  Micro-organisms – Y6 To understand that there are very small organisms called micro-organisms which can be harmful to our health.	
2.3.3.4. About the range of national, regional, religious, and ethnic identities in the United Kingdom and beyond and the importance of living in right relationship with	Stewardship Y5 Common good Y6 Other faiths weeks			



#### KS2 Catholic Primary RSHE Curriculum Map

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#### Theme 1: Created and loved by God

Education in virtue - 2.1.1.1, 2.1.1.2, 2.1.1.3 and 2.1.1.4.

Religious understanding of the human person: Loving myself – 2.1.2.1, 2.1.2.2, 2.1.2.3 and 2.1.2.4.

Me, my body and my health – 2.1.3.1, 2.1.3.2, 2.1.3.3, 2.1.3.4, 2.1.3.5, 2.1.3.6, 2.1.3.7 and 2.1.3.8.

Emotional well-being and attitudes – 2.1.4.1, 2.1.4.2, 2.1.4.3, 2.1.4.4, 2.1.4.5, 2.1.4.6.

Life cycles and fertility – 2.1.5.1, 2.1.5.2, 2.1.5.3 and 2.1.5.4.

#### **Theme 2: Created to love others**

Education in virtue - 2.2.1.1, 2.2.1.2, 2.2.1.3 and 2.2.1.4, 2.2.1.5 and 2.2.1.6.

Religious understanding of the human person: Loving myself – 2.2.2.1, 2.2.2.2, 2.2.2.3 and 2.2.2.4.

Personal relationships – 2.2.3.1, 2.2.3.2, 2.2.3.3, 2.2.3.4, 2.2.3.5, 2.2.3.6, 2.2.3.7, 2.2.3.8, 2.2.3.9 and 2.2.3.10.

Keeping safe and people who can help me - 2.2.4.1, 2.2.4.2, 2.2.4.3, 2.2.4.4, 2.2.4.5, 2.2.4.6, 2.2.4.7 and 2.2.4.8.

#### Theme 3: Created to live in community (local, national and global)

Education in virtue – 2.3.1.1, 2.3.1.2 and 2.3.1.3.

Religious understanding of the importance of human communities – 2.3.2.1, 2.3.2.2 and 2.3.2.3.

Living in the wider world – 2.3.3.1, 2.3.3.2, 2.3.2.3 and 2.3.2.4.