



St Monica's Catholic Primary School

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15th July 2024

Dear Parents/Carers,

INCREDIBLE YEARS - INTERVENTION PROGRAMME FOR PARENTS/CARERS

We are pleased to announce that we will be working with The Venus Star Centre in September. We will be offering up the opportunity to seven parent(s) to be part of this fantastic programme that is proven to help improve children's social and emotional abilities while helping decrease any behavioural issues. This is a supportive programme that will be run by a member of staff from The Venus Star Centre.

The programme is free and will start on Monday 9th September 2024 from 9:30am to 11:30am, (with tea, coffee and toast available from 8:55am), for fourteen weeks and will be held here in school. Tea, coffee and toast will be available from 9:00am. This is an evidence based intervention that is recommended by NHS. If you wanted to access this yourself you would be on a waiting list for quite some time, but we have seven spaces ready and waiting.

Feedback from previous parents/carers that have accessed this course is really positive. The course is run with support and guidance from a fully qualified instructor who wants nothing more than to support parents/carers.

If you would like to be part of this cohort, then please email Mrs Price on admin.stmonicas@schools.sefton.gov.uk by 10:30am on Friday 19th July 2024.

We hope that this will be the first of many opportunities of working with our local support agency.

Yours sincerely,

Mr J Gouldbourne
Headteacher