



St Monica's Catholic Primary School

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Tuesday 7th January, 2025

Dear Parents and Carers,

Please find below the days your child will take part in PE in Spring Term, and details on the PE Curriculum your child will follow.

Year Group	PE Day 1	PE Day 2	PE Curriculum
Nursery	Wednesday	Daily continuous provision	Dance
Reception	Thursday	Daily during continuous provision	Dance
Year 1	Monday	Friday	Target Skills ; Yoga and Fitness
Year 2	Tuesday	Thursday	Target Skills ; Yoga and Fitness
Year 3	Tuesday	Wednesday	Games -Hockey; Gymnastics
Year 4	Monday	Thursday	Swimming ; Gymnastics
Year 5	Monday	Tuesday	Games - Hockey; Gymnastics
Year 6	Monday	Friday	Gymnastics; Games - Hockey

Pupils are to come into school in PE Kits. Our detailed plan for our PE Curriculum can be found in our Long Term Plan, [here](#). In this document, you can see how our PE curriculum builds upon skills taught in previous year groups in a progressive and cohesive manner.

Thank you in advance,

Ms Tohill
PE Lead