



PHYSICAL EDUCATION

Swimming Lessons

Tuesday, 2nd September 2024

Dear Parent/Carer,

Re: Year 5 Swimming Lessons

Swimming lessons will begin for pupils in **Year 5** on **Monday 9th September**. Our pupils will receive regular weekly lessons at Bootle Leisure Centre until the Christmas holidays.

All children should arrive in school wearing their P. E. kit (please see our uniform policy on our website).

When your child is to go swimming, it is advisable that they do not have their swimming costumes underneath, as it can sometimes mean underwear can be forgotten and the session is to take place in the afternoon.

Children who are going swimming need to bring the following items on the day they are swimming;

- **Swimming cap** – cloth caps are easier to put on but are NOT essential. Latex swimming caps are available from school at the cost of £1 (payment to be made via the School Money app).
- **Swimming costume or swimming trunks** – costumes should be one piece (not bikinis etc) and no long beach shorts
- **Goggles**
- **Towel**

Please ensure each item of clothing is labelled clearly with your child's name and in a separate bag from other school items.

Please note the information below regarding jewellery from Sefton Aquatics

No earrings under any circumstances – jewellery constitutes an unnecessary risk and should be avoided at all times. Most ear lobe piercings can take up to 6 weeks to heal, could we ask you make parents aware that regardless of when the child has had their ears pierced we will still require them to be completely removed, alternatively the child will not be allowed to take part (6 weeks holidays are the perfect opportunity for new piercings to heal).

Thank you for your continued support and cooperation,

Yours sincerely,

Ms Tohill
P.E. Teacher