

# St Monica's Catholic Primary School



## Relationships, Sex and Health Education Statement

Approved by Headteacher and Governors	Date: July 2022
Last reviewed	Date: July 2022
Next review due by Headteacher and Governors	Date: July 2024

### Relationships, Sex and Health Education (RSHE) Statement

The Governors at St. Monica's Catholic Primary School have adopted the 'Journey in Love' a developmental programme for Relationship, Sex and Health Education.

We acknowledge that Personal, Social and Health Education (PSHE) and Citizenship, as well as Relationship and Sex Education (RSE), are all underpinned by a theology of relationship and are all encompassed in the title 'Relationship, Sex and Health Education' (RSHE).

Our belief in the unique dignity of the human person as made in the image and likeness of God underpins the approach to all education in our school.

Our approach to relationship and sex education therefore is rooted in the Catholic Church's teaching of the human person and is presented positively and prudently. Stemming from this vision of what it means to be human, we seek to educate the whole child: spiritually, intellectually, morally, emotionally, psychologically, and physically towards our understanding of Christian maturity.

Following guidance from our own Bishop and Diocese, the Conference of Bishops of England and Wales and as advocated by the DFE, all Relationships, Sex and Health Education in our school will be firmly embedded in the Religious Education framework as it is concerned primarily with nurturing the human wholeness of our pupils.

All Relationships, Sex and Health Education will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from, and support will be provided to help pupils deal with different sets of values.