

Relationships, Sex and Health Education (RSHE) at St. Monica's Catholic Primary School



Here at St. Monica's Catholic Primary School, we recognise that as parents you are the first educators of your children, and in doing so have primary responsibility in teaching your children how to build healthy, loving relationships.

Our catholic school however also plays a vital part in supporting you in doing this. The Governors of St Monica's have adopted the '**Journey in Love**' programme to support Relationships and Sex Education throughout the school (Reception to Year 6).

The foundational premise of this programme is one that believes we are made in the image and likeness of God. Throughout the year, children will consider the following aspects of love; physical, social, emotional and spiritual. This will enable them to grow and develop healthy and holistically towards an understanding of their gender and its implications for successful relationships; they must be at ease with themselves and grow in self-knowledge. RSHE will work alongside Religious Education under Liverpool Archdiocese guidance and in conjunction with our new PSHE Curriculum for 2021.

Up to date information for the new statutory PSHE curriculum can be found at <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

We would like to take this opportunity to consult with parents and careers about their understanding of the aspects we teach, when we teach them and why we teach them. We aim to ensure, as far as possible, that our curriculum is bespoke to the needs of our school community.

To enable us to consider and incorporate your opinions into our new policy and planning, please complete the parental questionnaire form below.

<https://www.surveio.com/survey/d/D9H9B6Y3X9Q0C8I4B>