

Personal Development Summer Term



Our PSHE Curriculum

EYFS - PSED

Nursery - To show confidence in new social situations and to make healthy choices.

Reception - To identify and moderate their own feelings socially and emotionally.

Topic: Relationships

Year 1 - To identify members of my family and understand the world is made up of different families.

Year 2 - To identify what can cause conflict between friends and ways to problem solve in friendships.

Year 3 - To identify roles and responsibilities of friends and family members.

Year 4 - To recognise how relationships can change and how to manage a fall out with a friend.

Year 5 - To understand online communities and the positive and negative consequences of these.

Year 6 - To understand how to use technology to communicate with my friends and family.

Zones of Regulation

EYFS

Nursery - To know what makes people happy or sad in life.

Reception - To be able to show ways of getting back to green.

Year 1 - To understand different emotions for each zone.

Year 2 - To recognise personal examples related to the four zones.

Year 3 - To understand vocabulary associated with the four zones and match examples.

Year 4 - To understand vocabulary related to specific zones and give personal examples.

Year 5 - To understand phrases which are linked to how we feel.

Year 6 - To show understanding of the four zones by using a range of vocabulary for each zone.



The ZONES of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
Sad	Happy	Worried	overjoyed/Elated
Bored	Focused	Frustrated	Panicked
Tired	Calm	Silly	Angry
Sick	Proud	Excited	Terrified

Wider Curriculum

- Fire Engine Visit (EYFS)
- World Environment Day
- Healthy Eating Week
- Museum and Crosby Beach (Y3)
- Vikings Workshop - Past Productions (Y5)
- Deva - Roman Chester Trip (Y4)
- Healthy Habits (Y1 and 6)
- Maya Workshop (Y4)

Assemblies

- Social Signature Including Everyone
- Pentecost,
- Jubilee Pledge
- The Holy Trinity
- Railway Safety
- Corpus Christie,
- Summer Solstice
- Pilgrims of Hope
- The Beatitudes
- Growth Mindset NHS Celebration
- CAFOD, World Refugee Week
- Malala and Independence
- World Day for International Justice

RSE Curriculum

In Summer term 3.2, pupils will follow the Journey in Love Programme (Y1-6) and develop their social, emotional, physical and spiritual understanding.

