



Personal Development - Long Term Plan 2025/26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Character Development	St Monica's Core Values Assembly(Citizenship) Eco Council Elections - link to British Value of Democracy School Council Elections - link to British Value of Democracy Assembly - Different family types Protected Characteristics, different families, sexual orientation Zones of Regulation - PSHE, understanding emotions	St Monica's Core Values Assembly(Citizenship) Zones of Regulation - PSHE, understanding emotions PSHE - Celebrating Differences Topic (Y1-Y6) Mini Police Applications - Y5 Show Racism the Red Card Assembly Protected Characteristics Race/ disability in Mutual respect and tolerance assembly Infant Nativity - RE World Religions - Other Faiths (Hinduism) Protected Characteristics, Religion/Belief	St Monica's Core Values Assembly(Citizenship) EYFS stay and play Zones of Regulation - PSHE, understanding emotions World Religions - Other Faiths (Judaism) Protected Characteristics, Religion/Belief	St Monica's Core Values Assembly(Citizenship) Zones of Regulation - PSHE, understanding emotions Mr Gouldbourne KS2 Assembly, Sexuality and the word 'gay' Protected Characteristics: sex and sexual orientation	St Monica's Core Values Assembly(Citizenship) CHET Residential (Y5) World Religions - Other Faiths (Islam) Protected Characteristics, Religion/Belief	St Monica's Core Values Assembly(Citizenship)
British Values	British Values: Democracy Assembly	British Values: Rule of Law Assembly	British Values: Tolerance Assembly British Values: Individual Liberty Assembly	British Values: Mutual Respect Assembly	British Values: Revisit	British Values: Revisit
Physical and Mental Health Education	Zones of Regulation embedded into PSHE Curriculum - whole school	Anti - Bullying Week - whole school assembly/class focus	Wellbeing Week - whole school Wellbeing Workshops Reception - Y6	PSHE Topic - Healthy Me (Y1-Y6) understanding of healthy diets, smoking/drug abuse)	PSHE Topic - Relationships (Y1-6) understanding of healthy friendships,	RSE - whole school, understanding relationships/sex education

	Y4 - Swimming Judo - Y1-6		(Boundaries, safe places, managing stress)		good friends, our families Healthy Eating Week - Assembly	Y5 RSE - Puberty lessons Y6 RSE - Puberty Talk (School Nurse)
Personal Safety	Safe School - Safeguarding Team in our school Water Safety Assembly - Fire and Rescue Road Safety Assembly - Fire & Rescue Fire Safety - Bonfire Night/Halloween - Assembly	PANTS Lessons - Whole School Online Safety - Merseyside Police (Y6) Road Safety Assembly - Whole School Stay Safe Workshops - Year 5 and Year 6 Co Crew Safety (Y2, Y3, Y5) awareness on carbon monoxide and fire safety	Online Safety Assembly (Y1-Y6) Safer Internet day - whole school	We Are A Safe School - Revisit the Safeguarding Team and Assembly Medicine Safety - PSHE - Year 2 Smoking/Alcohol/Drug Safety - PSHE Year 3- 6	Road safety - Year 1	Water Safety - Lifeguards Sun Safety Rail Safety
Enrichment opportunities	Online Virtual Author Meets Science / Geography 'Everything you need to know about H2O' - The Water Cycle Y2 - History - Past Productions - Great Fire of London Workshop- History/Art Y3 - History - Past Productions - Stone Age Workshop Y5 - Baking Bread (DT) Rocksteady (Music) Choir Private and group music lessons	Black History Month - Whole School focus Protected Characteristics, Race Party Animals - Y2 - Science/English KS1/KS2 - Author Visit - Bootle Literary Festival Pantomime - Whole School TTRockstars Day/Maths Day EYFS - Diwali celebration Protected Characteristics, Religion/Belief Music Christmas Concert	Chinese New Year Protected Characteristics: Religion or Belief EYFS - Chinese New Year celebration Protected Characteristics, Religion/Belief D+T - Food for Thought (Y4)	Nursery-Visit from mum and baby British Science Week Assembly D+T - Becca Buttons (Y5) World Book Day - whole school Chicks in school - EYFS	World Environment Week EYFS - Butterfly Life Cycle in School Visits from the Police and Fire engine EYFS CHET Residential (Y5) Art: Trip to Derby Park to create line drawing of the bandstand (Y4) Trip to Derby Park - science seasonal change - Y1	SMART - greater depth art group trip to the Van Gogh Experience Y2 - Trip to Ainsdale Beach - Geography/History/Science links EYFS trip to Crosby beach with families Chester Zoo - Y1

	KS1 author visit - Helen Poole - Y2 workshops EYFS Autumn Walk in Derby Park					
Citizenship/ Community Engagement	St Monica's Core Values Assembly(Citizenship) Eco Council Elections - Opportunity to represent School Council Elections - Opportunity to represent Jeans for Genes Day - whole school Protected Characteristics, Disability EYFS Nursery Rhyme performance for families Science Ambassadors - visit to Alsop High School	Mini Police Applications - Y5 EYFS Christmas performance for parents	EYFS - Parents visit for Chinese New Year traditions Future Careers - Careers Day - whole school PSHE topic - Dreams and Goals topic (Y1-Y6)		Citizenship Day: What Makes a Good Citizen? Financial Education/Budgeting - UKS2 lessons. Assembly on Saving for Whole School.	Mini Police Visit to Warrington Police Museum Transition Days for all pupils Reception and Nursery Meet the Teacher Moving Onwards - Transition Assembly Secondary school transition day (Y6) Debate Academy (Y6)

Other relevant sections:

- [PSHE Long Term Plan](#)
- [SMSC Development at St Monicas](#)
- [Protected Characteristics Reading Spine](#)
- [British Values at St Monicas](#)

Protected Characteristics: age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation.