



St Monica's Catholic Primary School

PGL Winmarleigh Hall - Year 6 Residential Visit



Dates: Monday 29th June - Wednesday 1st July



St Monica's Catholic Primary School

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Staffing

Mr Gouldbourne

Mr Lynch

Mrs Fate

Ms Tohill

Miss Partington

Mrs Rudd

Miss Jones



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"...that they may have life and have it to the full." John 10:10

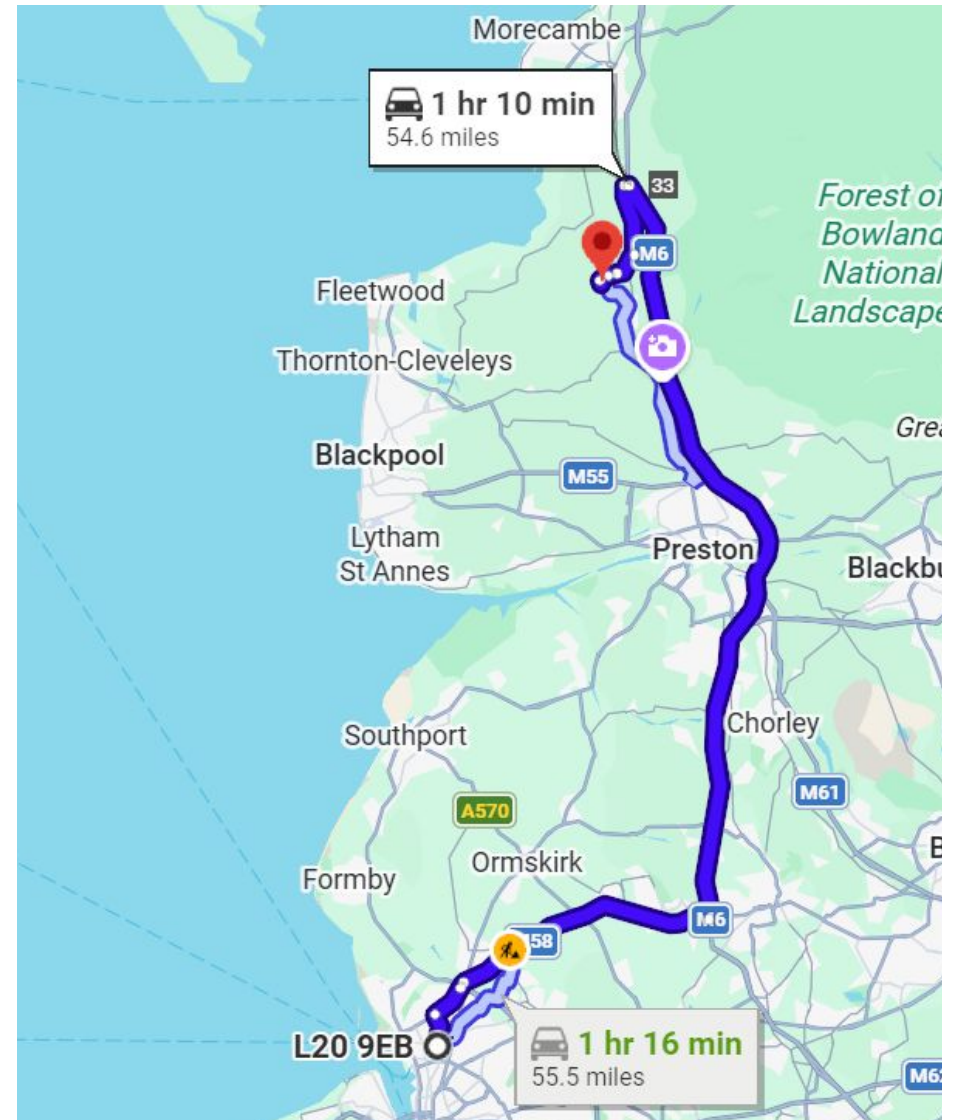




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Winmarleigh Hall
Church Lane
Winmarleigh
Preston
PR3 0LA





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Outbound

- Arrive at school normal time and take suitcase/bedding to the school hall from the yard
- Coach to arrive at school for 10:00am
- Travel to Winmarleigh Hall (1h 10 mins approximately)
- Arrive at destination and eat packed lunch on the grounds

Return

- Depart from Winmarleigh at 2:00pm
- Arrive back at school around 3:15pm (traffic dependent)
- Children to be collected from the Junior Yard
- Families kept up-to-date on times (via text)

Your child will come to school in their **own clothes** (which may get dirty on the afternoon activities), **bringing with them their suitcase, sleeping bag, pillow and a packed lunch.**





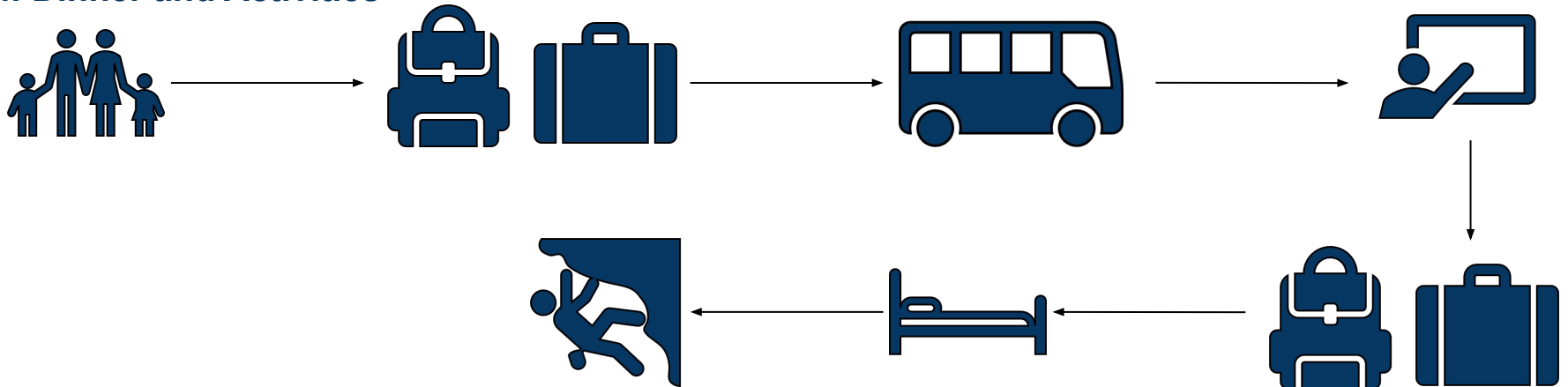
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Overview of the trip

- **Monday 29th June:** Children must be in at normal time for school, bags/sleeping bags/pillows will be taken straight to the hall, travel in own clothes. We will leave school at 10:00am. When we arrive, we will receive an introduction by Winmarleigh staff, eat our packed lunches and take bags to rooms.

- **PM: Dinner and Activities**



- **Tuesday 30th June: Full day of activities.**

- **Wednesday 1st July:** Breakfast, activities, lunch, presentation and leave at 2:00pm. We will keep you all updated with return times via texts, pupils will be taken to the Junior Yard and dismissed from there.



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Accommodation

- During their stay, the children will be sharing bedrooms. We will endeavour to place all children with at least one friend. We will let children know the rooms they are staying in when they arrive
- Children **ARE required** to bring a sleeping bag and a pillow
- Children **ARE required** to bring their own towel (1 big towel is enough)
- We expect the children to tidy their rooms - we will have room inspections throughout the trip
- Label all clothes and bedding
- Don't send any expensive clothes on the residential. Clothes will get dirty
- Please pack a bin bag for dirty clothes





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Food

- All food is provided by Winmarleigh. The food is locally sourced and is delicious.
- Children are not to bring any food (including sweets) with them due to allergies and being potential choking hazards. Any food sent in will be taken off the children at kept until returning to school.



Food

- The children will have 3 home cooked meals a day:
 - Breakfast
 - Lunch
 - Dinner

Any snacks will be provided by school / Winmarleigh





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Example Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Sausages	Bacon	Sausages	Bacon	Bacon	Sausages	Bacon
	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)
	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)
	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)
	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)
	Available every day: porridge with toppers* selection of cereals and Kellogg's™ granola (ve), assorted yoghurts (v), white or brown toast (v) & jam (v)						
LUNCH	Pepperoni Pizza	Jacket Potato (ve) <i>Served with your choice of Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo</i>	Battered Chicken Chunks	Homemade Beef Bolognese	Fish & Chips	Jacket Potato (ve) <i>Served with your choice of Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo</i>	Roast Beef
	Margherita Pizza (v)		Vegetable Nuggets (ve)	Homemade Vegetable Ratatouille (ve)	Jumbo Sausage		Meatless farm™ Plant-based Chicken Breast (ve)
	Plant-based Margherita Pizza (ve)	Homemade Chilli Non Carne (ve)	<i>Served with: Potato Wedges (ve), Peas (ve), Sweetcorn (ve), Sweet Chilli Sauce (ve)</i>	<i>Served with: Penne Pasta (ve), Garlic Bread (v), Grated mild cheddar (v)</i>	Quorn™ Fishless Fingers (ve)	Homemade Chilli Non Carne (ve)	<i>Served with: Roast Potatoes (ve), Yorkshire Pudding (v), Fresh Broccoli (ve), Baby Carrots (ve), Gravy (ve)</i>
	<i>Served with: Skinny Fries (ve)</i>	<i>Served with: White Rice (ve)</i>			<i>Served with: Skinny Fries (ve), Garden Peas (ve)</i>	<i>Served with: White Rice (ve)</i>	
	Nothing you fancy? Filled rolls - ham, tuna mayo, cheese (v) or chicken and homemade soup (ve) with bread roll (v) available each day						
DINNER	Chicken Katsu Curry	Fish Fingers	Chicken Curry	PGL's Sausage Pasta Bake	Beef Burger	Battered Chicken Chunks	Fish Fingers
	Homemade Beef Lasagne	Hunters Chicken	Baked Cheesy Meatballs	Chicken Kiev**	Homemade Mac 'n' Cheese (v)	Homemade Beef Lasagne	PGL's Sausage Pasta Bake
	Vegetable Lasagne (ve)	Shepherdless Pie (ve)	Vegetable Curry (ve)	Homemade Sausage & Bean Casserole (ve)	Meatless Farm™ Plant Based Burger (ve)	Vegetable Lasagne (ve)	Shepherdless Pie (ve)
	<i>Sides: Garlic Bread (v), Rice (ve), Garden Peas (ve), Fresh Broccoli (ve)</i>	<i>Sides: Round Chips(ve), Baby Carrots (ve), Whole Green Beans (ve)</i>	<i>Sides: Rice (ve), Penne Pasta (ve), Mixed Vegetables (ve)</i>	<i>Sides: Mashed Potato (v), Fresh Broccoli (ve), Baby Carrots (ve)</i>	<i>Sides: Curly Fries (ve), Sweetcorn (ve), Whole Green Beans (ve)</i>	<i>Sides: Garlic Bread (v), BBQ Sauce (ve), Skinny Fries (v), Mixed Vegetables (ve)</i>	<i>Sides: Cheesy Garlic Potato (v), Baby Potato (ve), Sweetcorn (ve), Whole Green Beans (ve)</i>
Homebaked Iced Sponge Cake (v)	Chocolate Muffin (v)	Jam Doughnuts (v)	Homebaked Chocolate Sponge (v) & Chocolate Custard (v)	Homemade Apple Crumble (ve) & Vanilla Custard (v)	Chocolate Muffin (ve)	Chocolate Cookies (v)	

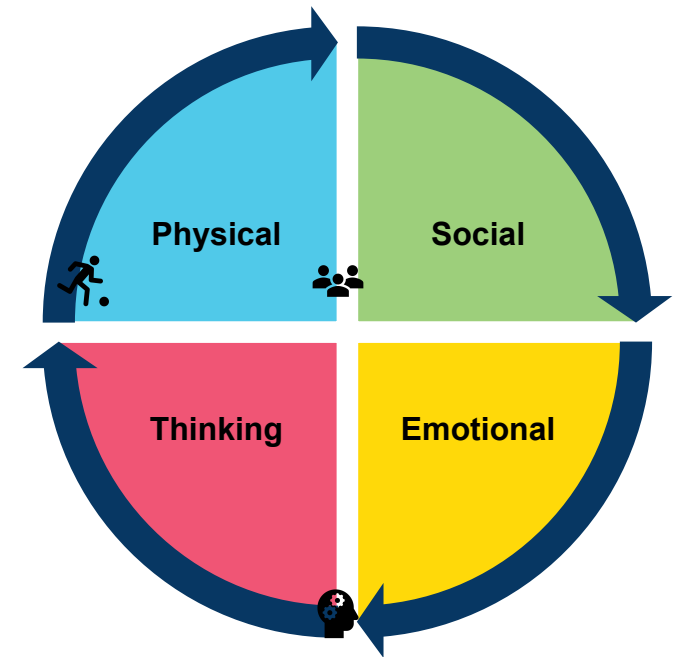


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Activities

- The children will take part in a range of indoor and outdoor activities led by trained instructors.
- Activities may include:
 - Zip wire
 - Archery
 - Orienteering
 - Abseiling
 - Vertical challenge
 - Problem solving
 - Raft building
 - Camp fire
 - Silent disco
 - Movie night





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Packing List

Clothes are likely to suffer wear and tear and also get dirty and/or wet, therefore, you should bring several changes of old clothes for doing activities - please do not go to the expense of buying new clothes. We would suggest that you pack 5 full changes of clothes as the children may need to change after activities.

All clothes / bedding are to be clearly labelled

- Two or three sweaters/fleeces or warm jumpers
- Three or four t-shirts (PGL have advised that arms will need to be covered for some activities)
- Two or three pairs of trousers or shorts (weather dependent) - tracksuit bottoms are better than jeans due to activities
- Socks and underwear
- Trainers/sturdy shoes (**2 pairs**)
- Slippers/slipper socks for indoors (**optional**)
- Outdoor coat / jacket
- Hat
- Pyjamas/dressing gown or hoody
- Large towel
- Basic toiletries – toothbrush, toothpaste, shower gel, shampoo, deodorant (not sprays)
- Hairbrush/comb/bobbles/clips etc (**essential for climbing**)
- Book to read
- Sunscreen - **essential** (this is to be clearly labelled, children will need to apply their own)
- A large bin bag for wet/dirty clothes
- Water bottle



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Packing List

- Children are **NOT** allowed to bring mobile phones, electronics or wear any jewellery (this includes smart watches, earrings etc.). In addition to this, children will **NOT** need to take money with them.
- If a child brings any such electronic devices they will be confiscated by staff and returned upon arrival. This is a safeguarding issue.





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Consent Form and Medical Information

- Before leaving this meeting, please check in with your child's teacher to see whether there are any queries or missing information regarding your child's consent / medical forms
- We take a comprehensive list of children who need medication, with timings and dosage information
- If your child requires any medication, it is very important that you ensure that it is clearly labelled and handed to a member of staff on the morning of the trip
- Medication will need to have a dispensing label on and a form will need to be filled in.

Mobile Access

- We will have Wi-Fi access and will endeavour to upload group photographs to the school X account (Twitter). Please be patient; our priority is your child's safety, enjoyment, and experience.





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Parent and family questions for staff





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[Winmarleigh Hall Residential Trips | PGL Education](https://schoolsandgroups.pgl.co.uk/centres/winmarleigh-hall/)

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